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1 Nor	thern	Fore	est	Howard Rd E	Northern Forest			
Track	Distance (km)	Time (walk)	Description	Inter	<b>de</b> (Easy, rmediate, lerate, <b>H</b> ard)	)	Key Bus stop Natural features Natural features	1 kilometre
Lowry Bay Loop	5	1hr 40min	A well graded track leads up through native bush to the lookout with views over the Hutt Valley and harbour.	E	<u> </u>	—	P Parking   Mixed forest     Image: Toilets   Broadleaf forest     Image: Toilets   Scrub	
Trig Loop	4.8	1hr 30min	Sheltered by native bush, walk up to Rātā Ridge on the Lees Grove Track. Some sections are steep. Return via Fern Gully for a more gentle descent. Enjoy the short return trip via Lowry Trig, the highest point in the Northern Forest and the lookout which provides harbour glimpses.	М	<u>*</u> *	-	<ul> <li>Swimming</li> <li>Swimming</li> <li>Wetlands</li> <li>Fishing</li> <li>Other features</li> <li>Malking</li> <li>Minor park track</li> <li>Tramping</li> <li>Entrance</li> <li>Route</li> <li>High point</li> <li>Mountain biking easy</li> <li>Lighthouse</li> <li>Building</li> </ul>	WAINUIOMATA
Days Bay Loop	3.5	1hr 45min	Starting at Williams Park the gentle entrance quickly becomes a steep but rewarding climb to the ridge. The descent on the Korimako Track is easier. Turn onto the Circular Walk Track to return to your starting point and an ice cream at the café.	М	<u>\$</u> *	—	Mountain biking advanced     ★ World War II lookout       Horse riding     Bridge or boardwalk       Rock climbing     ★ Locked gate       Wildlife     Gravel road       Viewing point     Story hub	Main Ridge Track
Eastbourne Loop	2.5	1hr 30min	From Muritai Park follow the Kāeaea Track to get great harbour views as you ascend to the lookout. Descend via the Mackenzie track to Eastbourne Village for lunch and return 0.8km along the road to your starting point.	М	<u> </u>	_	Days Bay Ferry to Wellington – Williams Park Kereru Track Kereru Track	
Butterfly Creek Loop	7.4	2 hrs 30min	Start at the Bus Barn/Korohiwa entrance as there is ample parking. The climb up to and along the ridge is almost step free. Then head right and descend into the bush clad valley. Follow the signs right to the Butterfly Creek Picnic area. Return via the Kowhai Track (lots of steps) with great views of the harbour. A 1.8km walk along the road returns you to your starting place.	Μ	<u>大</u> 大 <del>、</del> 利作	—	Dogs on leads. Wilderness camping only. EASTBOURNE Muritai Park Track Muritai Park Track	360 Deoy 1 seco
The Traverse	13	5hrs	A strenuous tramp from Wainuiomata Hill via Lowry Lookout and Hawtrey Trig on a mix of track grades.	Н	<u> </u>	—		
Rātā Ridge	6	2hrs	Ride or walk up to Lowry Trig through mature beach forest before descending to the Zigzag or Rātā Ridge exit at Stanley Street.	Н	<u>券</u> 参 た	—	178 285 285	21
Kaitawa Loop	6	2hrs 15min	The Kaitawa Track is a narrow steep tramping track that ascends to the ridge through mature bush. Return via the Ferry Road track with some great harbour views. A 2.8km return on the harbour side road.	Η	务 🏠	_	Burdans Gale To Parangarahu Lakes Area (7km) Butterfly Creek picnic area	To Baring Head/ Orua-pouanui (16 km)