

Show Your Colours

Wear Bright Green on Car-Free Day!

22 September Car-Free Day



Wear bright green and be seen!

22 September

Celebrate Car-Free Travellers

Help students think about how they could arrive at school without a car - even if they only walk the last block!

They can consider their options: they could walk, bike, scoot, skate, bus, train - maybe even come by horse!



Consider the travel of the past or travel of the future.

Consider the travel of a single student, class, school, or city.

Wear bright green and get creative on International Car-Free Day!



www.gw.govt.nz/carfreeschools

Car-Free Day activity ideas:

- Decorate the school fence, gate, or entrance with green ribbons, balloons or pictures
- Walk & Wheel day – invite everyone to come by foot, scooter, cycle or skateboard
- Fancy Feet day – have an assembly of decorated shoes
- All-in day – have every student walk at least part of the way to school – imagine, no cars at the gate!
- Re-cycled parade – decorate bicycles, or shoes, with recycled materials
- Create a sign to thank people for not driving to your school
- Colour in a shoe with a Car-Free Attitude (download the black line master off the website - www.gw.govt/carfreeschools)
- Decorate a fridge magnet or keychain with a new Car-Free message for the whole family
- Set up a Green Zone with displays and projects in the school that are green (gardens, active transport initiatives, environmental projects etc.)
- Parking party – see how many students can fit into one empty parking space (approximately 2.4m x 5m) or see what games you can play in a space that size
- Free Ride Area – designate an area where students can wheel at break times on this special day
- Green Feast – bring healthy green foods (apples, grapes, honeydew, kiwifruit, pears, broccoli, cucumbers, leafy greens, peas, capsicum, avocado) and have a Car-Free celebration lunch
- Get your students to plan and discuss their route to school using the Cycling and Walking Journey Planner - www.journeyplanner.org.nz
- Be into win great prizes when you enter either a safe school travel storyboard or movie into one of NZTA's competitions - <http://education.nzta.govt.nz/competitions>

Car-Free Day question ideas:

- If all our students walked to school:
 - How many minutes in total would our class walk?
 - How many kilometres would we have walked (estimate 15 minutes per kilometre)?
 - How many litres petrol would we save (estimate 1 litre per 10 kilometres)?
 - How much carbon (assume 2.3kg of CO₂ per litre of petrol)?
- What would happen if no one in the Wellington region drove today - consider the impact on traffic, public transport, people accessing employment, goods getting to shops etc?
- How would our town be different if people did not have cars - consider where people would live, work, play and how they might get from place to place?
- How does our travel today compare to people's travel 100 years ago?
- List the types of places we can walk to from the school – if we were going to build additional shops/facilities near here, what would we need to build?
- What did you hear and see on your walk or ride to school?

